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Kimberly N. Lindlof, president & CEO

WHAT'S INSIDE:

People News | Member News | Events Calendar
Business After Hours | Business Breakfast | Ribbon Cuttings

Member Spotlight: Healthy Living for ME

Welcome New Members

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www.epicvue.com

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Kim Nashed
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kimmashedyoga@gmail.com
www.schoolstreetyoga.com

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Waterville, ME 04901
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andy@digitalspiritmedia.com
www.digitalspiritmedia.com

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William C. Paradis
800 Ohio Street, Apt. 9
Bangor, ME 04401
William.c.paradis@mwarep.org
www.modernwoodmen.org

Movement Mortgage

Alisa Johnson
82 Running Hill Road, Suite 302
South Portland, ME 04106

207-629-8317
Alisa.johnson@movement.com
www.movement.com

Lisa Pomerleau, LPL Financial Advisor

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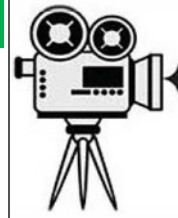
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nateandollies@yahoo.com
www.nateandollies.com

Central Maine Equipment and Motorsports

Jake Wheeler
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Winslow, ME 04901
207-873-4945
jake@centralmaineequipment.com
www.centralmaineequipment.com

Maine Laboratories

Katie Richards
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Norridgewock, ME 04957
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Katie@mainelaboratories.com
www.mainelaboratories.com



Chamber Chatter

Did you know that one of your Chamber Member benefits is the ability to have a Chamber Chatter segment filmed right at your business?

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Interviews are conducted by our Chamber host, Jamie Plourde, and are approximately 5 minutes in length. No need to worry, we also have the ability to make edits.

If you would like to get on the schedule, please reach out to
Bridget@midmainechamber.com.
We'd be happy to hear from you.

Thank you Chamber Chatter Sponsors:
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July Mid-Maine Chamber Calendar

Monday, July 3	8:30 a.m.	KV Connect Steering Committee
Wednesday, July 19	12:30 p.m.	MMCC Executive Board
Wednesday, July 19	5:30 p.m.	MMCC BAH – Surette Real Estate

Sponsorships are available in our InTouch Newsletter — a great place to showcase your business.

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Member News

LifeFlight of Maine is looking to acquire 3 specialized ground ambulances by June 2024 and launch a critical care ground transport program. It is raising funds to buy and outfit three, \$640k ground vehicles, one for each LifeFlight base in Bangor, Lewiston and Sanford. According to LifeFlight, the new vehicles will relieve stress on local ambulance services and allow LifeFlight more independence to complete its typically longer-distance missions. The total investment of \$1.9M must be funded privately through the people of ME through the work of its foundation. More than \$500k has already been raised.

Spectrum Generations is currently searching for Substitute Meals on Wheels Drivers in Somerset County and van/donation drivers and frozen food packers at the Muskie Community Center in Waterville. Additionally, it is looking for State Health Insurance Assistance Program/Medicare tutors throughout the six counties it serves. Do you enjoy conversing with others? One of our unique opportunities, its "Friendly Caller" program, checks in with its Meals on Wheels recipients asking how they are doing and providing a valuable social connection. FMI: call Stacey Forkey at 207-620-1684 or email volunteer@spectrumgenerations.org.

In June, **Bixby Chocolate** opened a new Boutique in Rockland. It is open Monday through Saturday 11 a.m. – 5 p.m.

New Dimensions Federal Credit Union (NDFCU) has received CUNA's 2023 Desjardins Youth Financial Education Award! Ryan Poulin, CEO accepted the award at the Maine Credit Union

Waterville Police and Fire have a portal where businesses can put in an emergency contact should first responders need to reach someone during off hours.
<https://www.waterville-me.gov/fire/emergency-contact>

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League's Annual Convention awards dinner on behalf of the entire team and financial education department for their outstanding work around financial education.

JMG has been awarded a \$10k State Farm Good Neighbor Citizenship Co. grant. It will support the org. as it prioritizes education, economic mobility, and community dev., helping ME students achieve their goals and career aspirations.

Muskie Community Center is excited to announce that it is now offering Notary Public Services by appointment. Pre-registration is required by stopping at the reception desk or call Sandra MacDonald at (207) 873-4745.

Dept. of Agriculture, Conservation and Forestry's Project Canopy, ME's urban and community forestry program led by the ME Forest Service, has named the selected grant proposals for the 2023 funding cycle. It funded all submitted proposals, totaling \$121,798. MFS received 9 Tree Planting and Maintenance Grant proposals and 7 Planning and Education proposals. In our region, **Town of Vassalboro** received \$3200 for Street Tree Planting in Eagle Park in order to restore this newly acquired park from invasive plants and replant with native shade trees.

Waterville Creates announced that the Maine Film Center has selected Hungarian filmmaker Ildiko Enyedi as its Midlife Achievement Award winner for distinguished contributions to cinema.

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UPCOMING RIBBON CUTTINGS

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Thursday, Sept. 7
Kennebec Water District
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Calendar of Events

Tuesdays, 2:30 - 4 p.m., Crafternoons, Waterville Public Library, 73 Elm St, Waterville. Come to the Children's Room to make the craft with help from library staff!
www.facebook.com/watervillelibrary
 FMI: Call 207-872-5433, or email librarian@watervillelibrary.org, or go to www.watervillelibrary.org

Wednesdays, July 5 to Aug 2, 1-2 p.m. Curious Kids Hour. Waterville Public Library, 73 Elm St, Waterville. Curious Kids Hour is back for another year! We're starting out with a visit from Lucky Platt, author of "Imagine a Wolf", the book on display at the North Street Connector Trail StoryWalk. These events are best suited for children ages 8 to 13. Adult guardians must remain with their child throughout the entirety of the event. **Maine Discovery Museum** is providing kits at the events. FMI: www.watervillelibrary.org

Wednesdays, 2-3:30 p.m., The Waterville Chess Club meets to play at the Muskie Community Center. Chessboards provided. To register call 207-873-4745 or visit 38 Gold St., Waterville.

Thursdays, 7 - 7:30 p.m. Book Bites! (Facebook Read-A-Loud) Waterville Public Library
 Each week Mrs. Liz will read an excerpt from one book off of the New Chapter Books shelves. See the video on FMI: Call 207-872-5433, or email librarian@watervillelibrary.org, or go to www.watervillelibrary.org www.facebook.com/watervillelibrary

Thursdays May—November, 2-6 p.m. Waterville Farmers' Market
 Head of Falls, downtown Waterville
Watervillefarmersmarket.org

July 2, 6:30-10 p.m. Michael Franti & Spearhead: Big Big Love Snow Pond Center for the Arts
 8 Goldenrod Ln, Sidney. Deemed a "ground-breaking musician" by Entrepreneur, Franti kicked

off the Follow Your Heart World Tour in the Spring of 2022, with over 75 shows through the summer, performing at venues across North America including a sold-out show at the iconic Red Rocks Amphitheatre in Morrison, Colo. and festivals plays at some of the US's top festivals.
 FMI: www.snowpond.org

July 6, 3-5pm, Art in the Park: Wearable Art!
 Castonguay Square, Waterville. Presented by **Waterville Creates**. This week, join the **Colby College Museum of Art** to create a wearable art project inspired by the artwork of Paula Wilson currently on view in the Paul J Schupf Art Center!
 FMI: watervillecreates.org

July 6, 6-8pm, Pittsfield Summer Concert Series:
 Ridge Road Band. Hathorn Park, **Pittsfield**. Concerts will be every Thursday night at Hawthorn Park in Pittsfield from 6-8 p.m. until August 31.

July 7-16, Maine International Film Festival.
 Maine Film Center, 93 Main Street, Waterville. 10 days of the festival showcases nearly 100 films, representing the best of American independent and international cinema, and spotlight some of Maine and New England's innovative filmmakers.
 FMI miff.org

July 7, Celebrate First Friday in Downtown Waterville. Main St, Waterville. Waterville Creates' First Fridays celebrate the vibrant creativity in Waterville through a wide array of arts experiences. On the first Friday of every month, visit Main Street in downtown Waterville to meet artists, see performances, listen to live music, eat delicious food, shop at local businesses, enjoy the arts, and come together as a community. FMI: www.watervillecreates.org

July 12, 5-8, join KV Connect at the Pints for Pets event at the Waterville Humane Society. Financial gifts and donations will be accepted, or bring something for their wish list,
www.hswa.org.supplies.

July 13, 3-5 p.m., Art in the Park: Welcoming Windssocks. Castonguay Square, Waterville. Presented by **Waterville Creates**. This week, the Maine International Film Festival will bring lots of guests to Waterville. We will create tissue paper windssocks of welcome to hang in our yards. FMI: www.watervillecreates.org

July 20, 3-5pm, Art in the Park: Friendship Collages. Castonguay Square, Waterville. Presented by **Waterville Creates**
 What do you love about your friends? Inspired by the story of friendship in the book "I Am You" by Refiloe Moahloli, we will create friendship collages to give to our friends and loved ones.
 FMI: www.watervillecreates.org

July 27, 3-5 p.m., Art in the Park: Art for the Helpers. Castonguay Square, Waterville. Presented by **Waterville Creates**
 Who are the community helpers? We sometimes forget all the workers who keep the city clean, who mow the grass, empty the trash, or plow the snow. Come help us create a woven artwork of thanks for our community helpers! Each participant will help with collaborative work and create a mini weaving to bring home.
 FMI: www.watervillecreates.org

July 27, 5-6 p.m., Yoga in the Park w/ KV Connect & Soul Revival. Head of Falls, Waterville. **KV Connect** is teaming up with **Soul Revival** again to host their 4th annual Yoga in the Park series this summer. The dates are 7/27, 8/24 and 9/28, 10/26. This is a free event!
 FMI: www.facebook.com/kvconnectmaine

July 27, 7:30pm, An Evening with David Sedaris. Waterville Opera House, 1 Common St., Waterville. David Sedaris, author of the previous best-sellers Calypso, Naked, Me Talk Pretty One Day, Dress Your Family in Corduroy and Denim, and regular National Public Radio contributor, will be live on stage for one night only, following the release of his newest book Happy Go Lucky. FMI: www.watervillecreates.org



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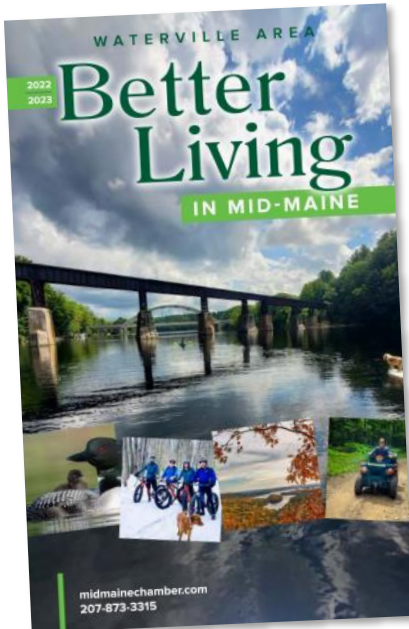
Highlights from the Maine State Chamber of Commerce regional breakfast

Maine State Chamber's annual Regional Business Breakfasts bring "the Chamber to your region," enabling them to hear first-hand about the concerns of each region's local business, as well as providing an opportunity to present the latest public policy information that employers there need to know.



Left to right, from top: Linda Caprara, MSCC; Kimberly N. Lindlof, MMCC; group at the breakfast; Peter Fore, MESTreet; Ben Lucas, MSCC; and Simon West, MSCC.

Better Living in Mid-Maine Guidebook Distribution Update



Mid-Maine Chamber contracts annually with the Maine Tourism Asso. to distribute its Better Living in Mid-Maine guidebooks. In fiscal year, '22 - '23, 1825 guidebooks were provided to tourists at the following information centers: Kittery: 800; Yarmouth 300; Hampden North: 200; Hampden South: 200; Fryeburg: 125; Maine Crafts Asso.: 100. The bulk of local guidebooks are distributed by area lodging establishments, restaurants, realtors, conferences, HR depts., colleges, sponsors and economic development orgs. Copies also available at the chamber office.

Business After Hours
An Event Series of MMCC

Join MMCC and friends for a Business After Hours. This event offers a great opportunity to mix and mingle with other business professionals. We will also be offering the mic to members who want to speak and let us know what your business has been doing.

**Wednesday,
July 19th**
5:30 p.m. to 7 p.m.
at Surette Real Estate
113 Silver Street,
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People News

Woodlands Senior Living has brought on Leann Sebrey as its Chief Operating Officer (COO) and Chief Clinical Officer (CCO). Sebrey comes to Woodlands as a well-regarding healthcare professional, having worked in the industry for more than three decades.

Joanne Campbell, executive vice president of enterprise risk management and chief risk officer for **Camden National Bank**, received the 2023 American Bankers Association's Distinguished Service Award for Risk.

Colby College Museum of Art is pleased to announce it will honor Shannon Haines, president and CEO of **Waterville Creates**, and renowned artist Fred Wilson with awards for their contributions to the arts as part of its annual summer luncheon celebration, a signature event the museum hosts each July. FMI or to register, go to museum.colby.edu/summer-luncheon-2023.

KVCAP welcomes its newest employees: Danielle Allen, Bailee Roes, Rebecca Thomas, and Greg Salokangas.

SKILLS recognized David Littlejohn for 42 yrs. attending and Bill Caron for 40 yrs. attending the L.C. Dill Community Supports. Way to go!

JMG is proud to share that through bipartisan support, 25 ME lawmakers honored JMG Presi-

dent and CEO Craig Larrabee with a legislative sentiment for his 3 decades of leadership in education as JMG marks 30 years of supporting ME students. Congrats!

New Dimensions Federal Credit Union is pleased to announce its new Winslow Branch Manager, Angela Hallee, who came on board in January 2022 as a Head Teller with 15 years in the financial industry.

For only the 11th time in **Kennebec Savings Bank's** 153-year history, the Board of Directors has chosen a new board chair. Charles Hays, Jr. succeeded William Sprague, Jr. as Chair of the Board of Directors at the Bank's most recent Annual Meeting of Corporators. Mary Denison, Esq. was voted in as vice chair and is the first woman to hold this position in the Bank's history.

Camden National Bank announced that David Ackley Jr. will be promoted to Executive Vice President and assume the Chief Risk Officer role upon Joanne Campbell's retirement on July 7, 2023. Ackley, a 12-year veteran of the bank, previously served as Senior Vice President, Director of Information Security & Enterprise Risk Management. **Revision Energy**, a solar company in South Portland, elected Fiona Wilson to its board of directors. Wilson is the director of the University of New Hampshire's sustainability institute.

MaineGeneral Health welcomes 49 new medical staff so far this year. Check out the latest issue of HealthMatters at www.maine-general.org/about-us/news/2023/healthmatters---spring-summer-2023-issue.

The **Maine State Chamber of Commerce** announces JMG Scholarship recipients. They provide scholarships to assist high school graduates with their higher education tuition and fees. The Maine State Chamber is a voice of Maine businesses and represents a network of 5,000 businesses of all sectors, sizes, and regions. Katelyn Daggett, Mt. Blue High School; Madison Desrosiers, Monmouth Academy; Hunter Gilmore, Bath Regional CTC - Lincoln Academy.

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Business After Hours
An Event Series of MMCC

Highlights from Wednesday, June 21, 2023
5:30 – 7 PM
Hosted by GHM Insurance at Hospice Volunteers of Waterville Area



JULY '23 SPEAKER SERIES: OMNIC DATA: REVOLUTIONIZING E-SPORTS COACHING TO IMPROVE GAMEPLAY
Thursday, July 13 | 5:30 - 6:30 p.m.
Bricks Coworking & Innovation Space
Hathway Creative Center, 10 Water St., Waterville

Join Co-Founder & CEO Shaun Meredith as he discusses Omnic Forge, an artificial intelligence platform that analyzes e-sports player performance to take gaming to a new and improved level.

This event is Free, thanks to CGI and the Harold Alford Institute for Business Innovation (at Thomas College)
To register, and FMI: www.centralmaine.org.

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Yoga in the Park

5:00 PM at Head of Falls, Waterville ME
July 27th | Aug 24th
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Member Spotlight:

Healthy Living for ME a Stand Out as Maine’s Community Care Hub



Growing national research on the social determinants of health suggests that access to quality health care contributes only 20% to an individual’s overall health and well-being, while social risk factors, behaviors, and physical environment contribute 80%. All Mainers should

have the opportunity to attain their full health potential, regardless of their circumstances. This is the very definition of health equity! While medical providers manage the clinical, physical, and mental health complexities of patients with multiple chronic conditions, these same patients struggle to navigate the intricate array of community-based services that they need in order to thrive in their communities. To address these challenges, Healthy Living for ME® (HL4ME®) is emerging as Maine’s Community Care Hub, building a bridge between healthcare and a network of existing and growing community-based organizations.

HL4ME was founded in 2016 as a joint venture between Aroostook Area Agency on Aging, SeniorsPlus, and Spectrum Generations. Its initial focus was on health promotion and disease prevention by ex-

panding access to and availability of evidence-based programming for falls prevention and chronic disease self-management education (i.e., “Matter of Balance, Living well with Chronic Pain, and National Diabetes Prevention Program,” etc.). Since its inception, over 5,500 people have participated in its programs - coaching and classes - through a network of 25 partners. The Community Care Hub concept has the support of the Centers for Medicare and Medicaid Services (CMS) and the Administration on Community Living (ACL). In fact, in 2022, HL4ME received funding from the ACL to begin development as a Community Care Hub.

As a Community Care Hub, HL4ME coordinates and integrates healthcare (hospitals, insurers, healthcare systems, etc.) with community-based organizations (CBOs). This administrative approach achieves operational efficiency, effectiveness, and economies of scale inherent in an organized network delivery model. HL4ME networks and integrates CBO activities and missions with healthcare, thereby making them more effective in serving the people of Maine.

HL4ME offers Health Promotion and Disease Prevention via a statewide network of facilitators/leaders at local CBOs for in-person and virtual coaching. Through contracts with healthcare entities, HL4ME provides short- and long-term social care coordination for Mainers who have been identified or have self-identified as needing specialized and closely managed support and community service navigation assistance. In 2022, HL4ME assisted 856 patients in social care coordination.



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WEDNESDAY, JULY 19 — 5:30 - 7 p.m.
Hosted by **SURETTE Real Estate**
113 Silver Street, Waterville

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Looking for a way to bring attention to your business in 2024?

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should be one of your goals!

Be creative: if you don't have the space, or the budget, plan to partner with another
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A Business After Hours event:

- Offers great exposure for your business
- Improves networking opportunities
- Makes your business top of mind with prospective customers
- Identifies you as a major participant among area businesses

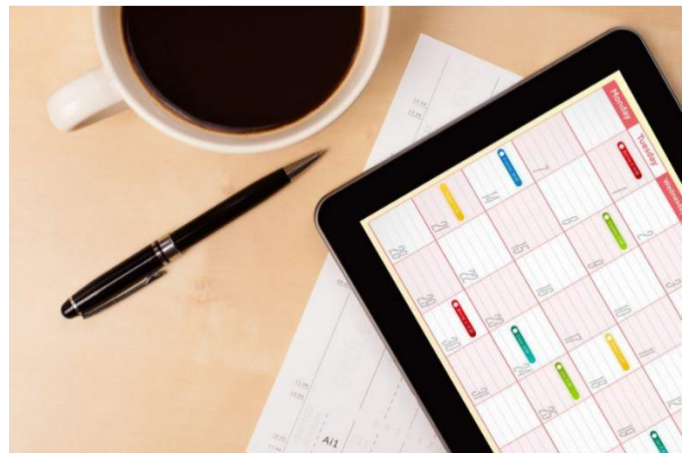
Complete your application now - slots will
fill up quickly!

Go to

[www.midmainechamber.com/Business
After Hours](http://www.midmainechamber.com/BusinessAfterHours) for the application form.

Please specify desired dates and submit prior to
September 15.

You will be contacted with an assigned date following the
BAH Committee meeting at the end of the month.



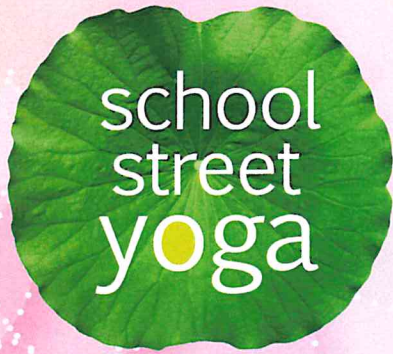
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Cindy Stevens, Program Director
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cindy@midmainechamber.com.



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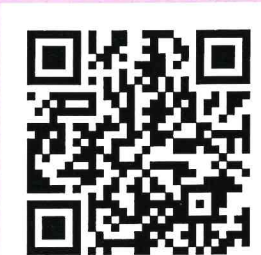
Support your team with the deep peace, joy and well-being that yoga brings to mind and body.

Create a custom event you envision for your group with Kim Nashed at School Street Yoga, or ask Kim to design an event expressly for you.

The all-inclusive cost is \$100/hour for the studio for your private group (up to 24 attendees) and private instruction. All yoga mats and props are provided at no additional cost. *No yoga experience is needed.*

Questions? hello@schoolstreetyoga.com

School Street Yoga
5 School Street
Waterville ME 04901
207 330-1450
schoolstreetyoga.com





JOIN THE FUN ON 8/17

COMMUNITY & FAMILY BLOCK PARTY!

There will be
COMMUNITY ART!

There will be
ENTERTAINMENT
DJ Melbee & Playsteady
Puppet Pals with Mr. Sean
& Miss Evelyn
The Masked Comic

Thursday, August 17, 2023 from 5 to 8 p.m.
at 93 Silver Street in Waterville

Learn more about the party!

Vist our website by scanning this QR code:



There will be
FOOD TRUCKS!
Rita's House of Pizza
Nate & Ollie's Rolled Ice cream
Wyman's

There will be
GAMES!

Hosted by



Sponsored by



Golden Pond Wealth Management

Northeast Laboratory Services

Featured Activities by
Waterville Creates!

Children's Discovery Museum

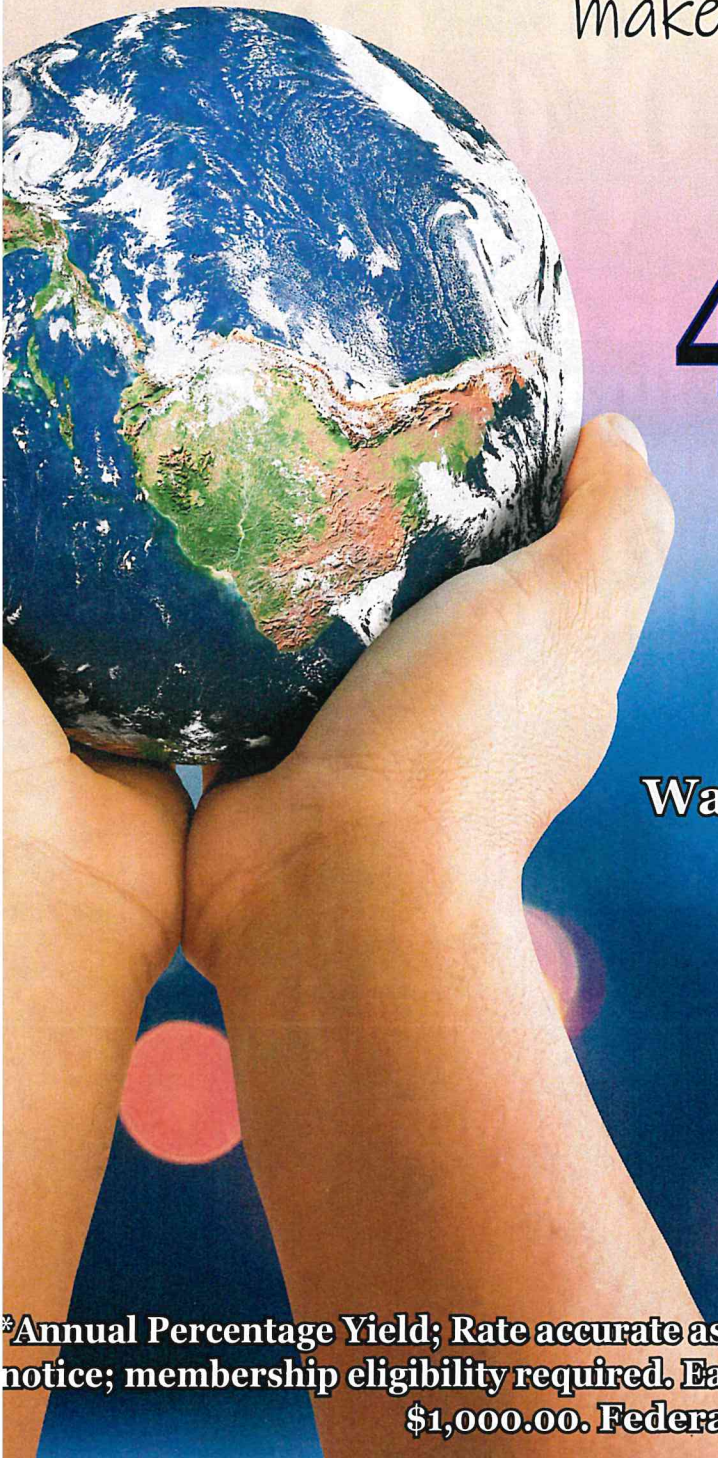


Educate. Empower. Evolve.

Share Certificate

Limited Time Only!

Saving for your future now, can make a world of difference later!



4.23% APY*

11 month term

Waterville • Winslow • Skowhegan
newdimensionsfcu.com
(800) 326-6190

*Annual Percentage Yield; Rate accurate as of 05/24/2023; Rate subject to change without notice; membership eligibility required. Early withdrawal fees apply. Minimum deposit of \$1,000.00. Federally Insured by NCUA

Fuel Loan Special

7.75% APR*

Up to 12 months

This is a great way to plan financially for the upcoming winter while your oil/propane company is rolling out its budget plans and pre-buy offers.

(Fuel loan can be for oil, propane, pellets, or even firewood)

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*Annual Percentage Rate; Rate subject to change without notice; membership eligibility required.

Payment \$20.16 per \$1,000 borrowed. Subject to underwriting guidelines.

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**MID-MAINE
CHAMBER
2023 GOLF CLASSIC**
JUNE 12, 2023
NATANIS GOLF COURSE

An Event
of MMCC



SPONSORED BY



CENTRAL MAINE
POWER

CLOSING CEREMONY SPONSOR

Huhtamaki

GOLF CART
SPONSOR





Kim Lindlof presents the Summer Sizzler Package to winner Ryan Loubier.



Ben Murray from Sheridan team won a round of golf for 4 at Natanis.



Participants enjoyed a yummy buffet catered by Rita's catering.



Kim Lindlof and 50/50 winner Brad Fitzpatrick from Zimba with \$1020 cash!



Nicholas Dickey and Rick Whalen at the Putt Off.

Special thanks to all our sponsors:

CLOSEST TO THE PIN

Hole 4:

Sponsored by Fortin's Home Furnishings
\$30 gift certificate donated by Silver Street Tavern
Winner: Jordan Rowan

Hole 7:

Sponsored by Amici's Cucina
\$30 gift certificate donated by Heritage House
Winner: Adam Orser

Hole 10:

Sponsored by MacKenzie Landscaping
\$30 gift certificate donated by Silver Street Tavern
Winner: Josh Karstens

Hole 13:

Sponsored by Heritage House Restaurant
\$30 gift certificate donated by Heritage House
Winner: Joe Gilliland

LONGEST DRIVE OVERALL

Sponsored by Seacoast Security
\$30 gift card donated by Heritage House
Winners: Nicholas Dickey & Laura Rowe

HIGHEST TEAM SCORE

\$10 Aroma Joe's Gift Certificates
Winner: AT & T





BEST GROSS SCORE

**1st Place
Central Maine
Motors
Auto Group**



BEST NET SCORE

**1st Place
Maine State
Credit Union**



**2nd Place
Hight Auto**



**2nd Place
Choice Wealth
Advisors**



**3rd Place
Paul White
Company**



**3rd Place
Central Maine
Power**

Special thanks to all our sponsors:

STRAIGHTEST DRIVE SPONSOR:
Harry J. Smith Co.

DRIVING RANGE SPONSOR: AT&T

LONGEST DRIVE SPONSOR:
Seacoast Security

YARDSTICK SPONSOR:
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Sam's Club | Seacoast Security
Skowhegan Savings Bank | Valley Beverage

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Ware-Butler, Inc.

HOLE/GREENS SPONSORS:

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| Back in Motion | Kennebec Valley Comm. College |
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| Bar Harbor Bank & Trust | Maine Technology Group |
| Boulet Freight Management | Maine Wilderness Guide Service |
| Boulet's Truck Service | Marden's |
| Bowman Constructors | Mid-Maine Marine |
| Casella Waste Management | Nale Law Offices |
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| Cross Insurance | OWN Real Estate |
| Damon's Beverage | Sam's Club |
| Day's Jewelers | Savage Pharmacies /Buddie's |
| Dow's Quick Stop | Sheridan Construction |
| Eye Care of Maine | Silver St. Tavern |
| FAME | Standard Waterproofing |
| Front & Main/Lockwood Hotel | Surette Real Estate |
| Hammond Lumber | Veilleux and Redington |
| Houle's Plumbing | Work Health |
| | Zimba Co. |

Special thanks to all our sponsors:

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MILLION DOLLAR HOLE SPONSOR:



HOLE-IN-ONE \$5000 CASH:



PUTT-OFF SPONSOR:



HOLE-IN-ONE \$20,000 CASH:



HOLE-IN-ONE \$5000 VACATION:

Trafton Properties

BEVERAGE BUGGY SPONSOR:



HOLE-IN-ONE \$10,000 CASH:

